

# POGP Conference 2025



***Friday 10<sup>th</sup> - Saturday 11<sup>th</sup> October 2025***

***Royal College of Physicians, Edinburgh, 9 Queen Street, Edinburgh EH2 1JQ***

This event will be an excellent opportunity to hear experts from various arenas discuss current 'hot topics', advances in clinical application and promote high standards and consistency in practice.

The conference aims to support learning and development in this highly specialist field of physiotherapy as well as providing networking opportunities with peers.

***"Excellence Matters"***

***POGP working in partnership with Education by Nimbuscare.***



## **POGP CONFERENCE 2025**

**POGP Chair: Dr Kate Lough**

### **National Conference Committee:**

**Chair:** Debbie Plowman: Advanced Physiotherapy Practitioner, York & Scarborough Teaching Hospitals NHS Foundation Trust

Camilla Lawrence: Private Women's Health Physiotherapist

Sarah Morris: Clinical Lead Pelvic Health Physiotherapist at Calderdale and Huddersfield NHS Foundation Trust

Alex Lambert: Private Women's Health Physiotherapist at Physio Down Below

Miti Rach: Clinical Lead Pelvic Health and Non-Medical Independent Prescriber at Chelsea and Westminster Hospital NHS foundation Trust

**Keynote Speaker:** Margie Polden Memorial Lecture: Angie Doshani

### **And you will hear from:**

- Biljana Kennaway - Remote use of PoCUS
- Bill Taylor, Gráinne Donnelly, Dr Gillian Campbell, Ros Cooke and Sophie Schryver - Park runner to Olympian
- Sinéad Dufour - The role of adjunctive devices
- Ian Baker - Pornography/sex addiction and erectile dysfunction
- Jessica Reale and Nicole Cozean - Going Rectal: From Last Resort to Top Priority
- Jo Milios (Virtual presenter live from Australia) - Men's health
- Michelle Lyons - Hormones across the female lifespan
- Oliver Warren - Robotic minimally invasive repair of diastasis recti
- Professor Andrew Horne - Endometriosis
- Sarah Mee - Management of CTS pregnancy

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## **POGP CONFERENCE 2025**

### **2025 Programme Day 1**

***08:30 - 09:00 Registration and View Exhibition Stands***

**09:00 - 09:10** Welcome and Introduction to Day 1

**09:15 - 09:55** Keynote Speech

**10:00 - 10:40** Professor Andrew Horne - Endometriosis

***10:45 - 11:00 Refreshments and View Exhibition Stands***

**11:05 - 11:20** Poster Presentation 1

**11:25 - 12:05** Ian Baker - Pornography/sex addiction and  
erectile dysfunction

**12:10 - 12:25** Main sponsor 1

**12:25 - 12:55** Annual General Meeting

***12:25 - 13:40 Lunch and View Exhibition Stands***

**13:45 - 14:00** Poster Presentation 2

**14:05 - 14:45** Sarah Mee - Management of CTS pregnancy

**14:50 - 15:30** Oliver Warren - Robotic minimally invasive repair  
of diastasis recti

***15:35 - 15:55 Refreshments and View Exhibition Stands***

**16:00 - 16:40** Biljana Kennaway - Remote use of PoCUS

***16:40 - 17:00 Raffle***

***17:00 - 18:00 Drinks Reception***

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## **POGP CONFERENCE 2025**

### **2025 Programme Day 2**

***08:30 - 08:55 Registration and View Exhibition Stands***

**09:00 - 09:05** Welcome and Introduction to Day 2

**09:10 - 10:30** Panel Symposia Athlete: Park runner to Olympian -  
Dr Gillian Campbell, Gráinne Donnelly, Bill Taylor,  
Ros Cooke, Sophie Schryver

***10:35 - 10:50 Refreshments and View Exhibition Stands***

**10:55 - 11:35** Sinéad Dufour - The role of adjunctive devices

**11:40 - 11:55** Poster 3

**11:55 - 12:10** Main sponsor 2

***12:15 - 13:00 Lunch and View Exhibition Stands***

**13:05 - 13:20** Poster 4

**13:25 - 14:25** Nicole Cozean & Jessica Reale - Going Rectal: From Last  
Resort to Top Priority

***14:30 - 14:45 Refreshments and View Exhibition Stands***

**14:50 - 15:30** Michelle Lyons - Hormones across the female lifespan

**15:35 - 16:15** Jo Milios (Presenting Live from Australia) - Men's health  
virtual presenter

**16:20 - 16:30** Closing Remarks

***Close***

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