



POGP 2018

The Jury's Inn, Cardiff

Friday 5th October

08:30	Registration, Refreshments & Exhibition Viewing
Chairs: Jane Lofts and Katie Mann	
09:15	Welcome to conference - Housekeeping Jane Lofts, Chair, POGP COC
09:20	Welcome to conference Katie Mann, Chair, POGP
09:30	Margie Polden Lecture Bridging the gap (between obstetrics and colorectal for OASI) Julie Cornish, Consultant Colorectal Surgeon, Cardiff & Vale University Health Board
Session 1 10:15	MSK Red Flags Chris Mercer, Consultant Physiotherapist, Western Sussex Hospitals NHS Foundation Trust
11:00	Refreshments & Exhibition Viewing
Chairs: Rosie Butler and Catherine Kelly	
Session 2 11:30	Mothers with anal sphincter injuries in childbirth Gillian McCabe, Specialist Pelvic Health Physiotherapist, Gillian McCabe Physiotherapy Limited
Session 3 12:00	Physiotherapy for Anterior Resection Syndrome Carole Broad, Cardiff and Vale UHB – Physiotherapy
Session 4 12:30	History of POGP over the past 70 years Katie Mann, Chair, POGP
12:45	AGM
13:15	Lunch & Exhibition Viewing
Chairs: Jane Lofts and Jane Newman	
Session 5 14:30	Making the case for change: influencing and advocacy Euan McComiskie, Health Informatics Lead, Chartered Society of Physiotherapy
Session 6 15:15	Natural pelvic health solutions from iMEDicare: from ED to SUI Chris Skilleter, Regional Manager, iMEDicare Limited
15:45	Refreshments & Exhibition Viewing
Chairs: Catherine Kelly and Rosie Butler	
Session 7 16:30	Pelvic pain: cause, effects & treatment Helen Thomson, Practice Principal, Thomson Therapy - a private practice specialising in the assessment and treatment of Pelvic Girdle Biomechanics in Women's Health, MSK conditions and elite sports
17:00	Re-arrange conference room for speed discussions
Session 8 17:10	Interactive speed discussion groups Topics include: Men's Health, Marketing, Coccydynia, Pelvic Pain, Mesh Issues, Colorectal Issues
18.10	Conference Close



20:00	Drinks Reception & POGP Conference Dinner
00:00	Close

Saturday 6th October

08:30	Registration
Chairs: Jane Lofts and Ruth Hawkes	
08:55	Welcome to conference Jane Lofts, Chair, POGP COC
Session 9 09:00	Vaginal Mesh and implications of current reluctance to use in surgery Kiron Bhal, Consultant Uro-gynaecologist, University Hospital of Wales
Session 10 09:45	Physiotherapy and Mesh Myra Robson, Pelvic Health Physiotherapist, Lewisham & Greenwich NHS Trust
10:15	Refreshments
Chairs: Rosie Butler and 1 Exec Committee	
10:45	Abstracts 1 and 2
Session 11 11:15	HoLEP – 21st century laser surgery for prostate TBC
Session 12 11:45	IOPTWH: POGP's link to global women's health & pelvic physiotherapy Gill Brook MCSP DSA(CSP) MSc, President, International Organization of Physical Therapists in Women's Health (IOPTWH)
12:00	Abstracts 3 and 4
12:30	Lunch
Chairs: Jane Lofts and 1 Exec Committee	
13.25	Raffle Draw
Session 13 13:30	Is (p)rehabilitation effective for men undergoing prostatectomy? Clare Bourne and Jenny Constable
Session 14 14:00	Diastasis Recti - physiotherapy management Gráinne Donnelly, Specialist Physiotherapist in Pelvic Health, ABSOLUTE.PHYSIO (Specialist Pelvic Physiotherapy, Cancer rehabilitation and Sports Injury Clinic) and Western Health and Social Care Trust, N. Ireland
14.30	Comfort Break
Chairs: Catherine Kelly and Karen Irons	
Session 15 14:45	Understanding Gender Dysphoria Vickie Pasterski, Gender Specialist, London Transgender Clinic
Session 16 15:30	Family Assist – digitising parental support throughout pregnancy and beyond Luke Coe, Family Assist Partnership Support Officer, Western Sussex County Council and Kelly Pierce, Consultant Midwife in Public Health, Healthy Child Programme Lead, West Sussex County Council
16:00	Final address from Chair – Katie Mann, Chair, POGP