

# Community Midwifery Services and Physiotherapy Services Joint Working in a Children's Centre

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# Aims of Sure Start

Our aim in Sure Start as midwives was initially driven by early targets set by the Sure Start Central Government. These were to:-

- Reduce low birth weight babies
- Reduce admission to hospital for GI infections
- Reduce children on the 'at risk register'  
Reduce numbers of children re-registered on the Child Protection Register
- Improve breast feeding figures
- Reduce smoking

Whilst some of these remain, targets have become more fluid, as no base-line figures were ever available, making targets difficult to set and to achieve.

Through the local Sure Start Children's Centre we have encountered diverse groups. Our working practice has had to adapt to our families needs and problems. Through out provision of help and support to families we have worked with many agencies.

# Vulnerable and Disadvantaged

- Money management/benefit/debt
- Housing
- Perinatal depression
- Isolated
- Domestic Violence



# Alcohol and Substance Misuse

- Amphetamines –  
Drug Line Stimulant  
Support Service
- Heroin/Cocaine –  
Drug Team
- Alcohol - Alcohol  
Services



# Smoking

- Brief Intervention
- Cessation/Referral
- Community Clinics
- Home Visiting



# Breast Feeding

- Early information
- Fixing/Attachment
- Community Support





# Physiotherapy

- Ante-Natal Drop-In
- Post-Natal Baby Massage
- Community Referral
- Home Visiting



# Multi Agency Collaboration

- Social Services
- Welfare Rights
- Citizens Advice Bureau
- Debt Advice
- Health
- Housing
- Benefit Advice
- Advocacy/Learning Disabilities/Nutritionists





# Child Protection

- Child Safety
- Family Support
- Multi-Agency Approach



# Conclusion

- In Partnership with other agencies
- Initial agency to interact with families
- Early intervention
- Trust

# Baby Massage

