

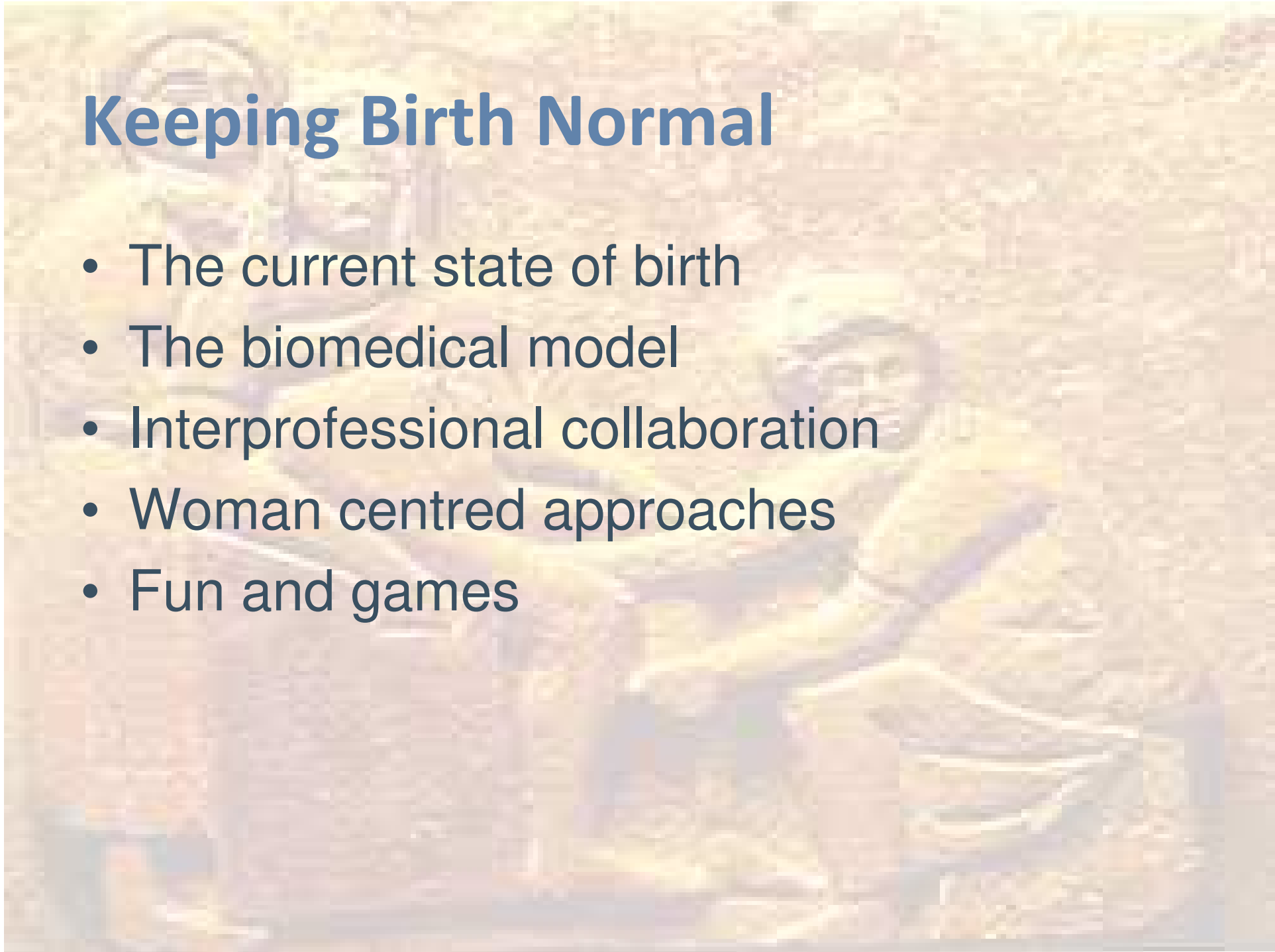


Keeping Birth Normal

Liz Whitney 2008

Keeping Birth Normal

- The current state of birth
- The biomedical model
- Interprofessional collaboration
- Woman centred approaches
- Fun and games



What's so normal about birth?

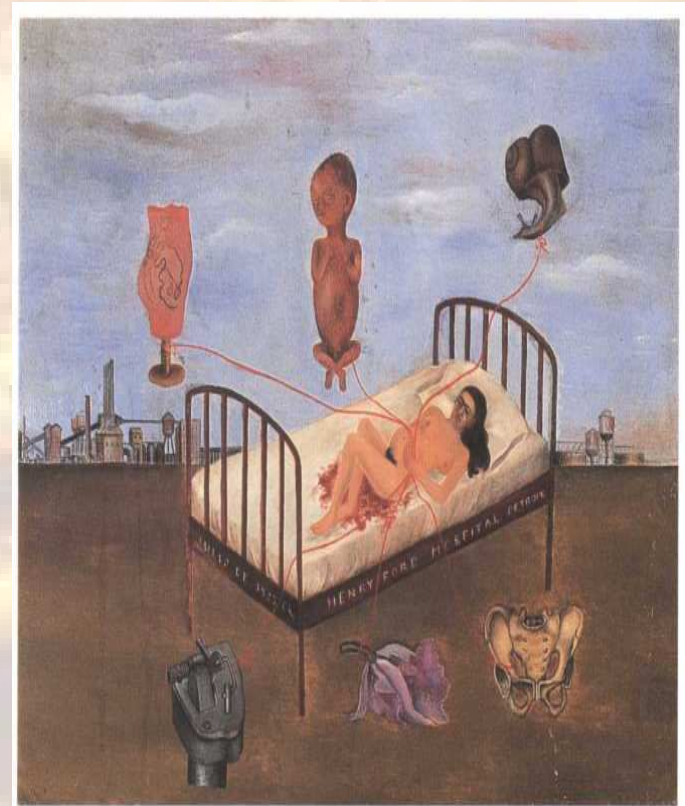
- Down on the farm (Barbeau 2007)
- Being 'with woman'
- What have Physio's got to do with it?
- NHS next stage review (Darzi 2008)
- Interprofessional working (CAIPE 2008)



“When two or more professions learn with, from and about each other to improve collaboration and the quality of care”
CAIPE 2002

Current perceptions of childbirth

- Obstetric view(Guardian 2008)
- Evidence based practice
 - Rolfe (1999)
 - Tew (1998)
 - Walsh (2007)
- Risk management & efficiency
- What women want:
 - RCOG survey (1946) (Campbell & Mac Farlane 1994)
 - Changing Childbirth (DOH 1993)
 - Maternity Matters (DOH 2007)



Technocratic Birth

- Managed by professionals
- Machines read diagnose and regulate
- Reinforces the power of the institution
- Controls birth
- Birth is de-sexed and medicalised
- Women disempowered

Kitzinger (2005, 2006)



Back to the barn

- Believing in birth
 - Reinforcing innate knowledge
 - Make the most of the mechanics
 - Teaching the skills
- Language
- Imagery
- Exploring thoughts and feelings through art
(Davies 2007)



Pain



Stand and Deliver

Innovative approaches to woman centred care

- Affirm physiology
- Build confidence
- Search for solutions
- Fun not fear
- Pelvic tilting & labour dancing



References

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