

## **East Anglia Area Report - Autumn 2018**

An evening seminar was held in December with two psychosexual counsellors for the East Anglian POGP group. It was well attended by 14 people, with a mix of members and non-members. Therapeutic counselling techniques were discussed and case studies were presented by the counsellors. The talk also highlighted local services in the area (and lack of) for Women's Health Physiotherapists to refer patients to. This meeting was held in Addenbookes Hospital, Cambridge.

The Norwich Continence group continues to meet three times per year. Changes in services were discussed, a product rep from iMedicare presented information on Vibrance, Innovo, Afex and Protechdry products. A representative from Elvie also visited, a talk was delivered on erectile dysfunction and a bowel consultant discussed treatments and investigations for faecal incontinence.

Between six and eight physiotherapists are able to regularly attend these meetings.

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