

## **London Area Report – Autumn 2018**

The London Area POGP group has had a great and busy year. This year Colette, Virginia and Dee have welcomed Hollie, Lissie and Orla. We have been pleased with the turnout from fellow members to evening lectures across London and importantly a great turnout at the Christmas drinks! We have organised evening lectures across London on topics such as DRAM (with thanks to Mr. Oliver Warren), bowel dysfunction (with thanks to Paula Igualada-Martinez), Men's health (with thanks to Charlotte Church) and recently an introduction to pelvic floor dysfunction.

In line with the POGP, we in the London group have concerns over the succession of Men's and Women's Physiotherapists. We therefore designed an evening talk for students and band 5 physiotherapists' titled 'An Introduction to Pelvic Floor Dysfunction'. We advertised through the local universities and local Trusts and much to our surprise had 80 physiotherapists and students sign up. Although we have things to learn from the first talk, it was a success, with a great feedback. This has stimulated discussion for our plans for the coming year. We now plan to present a similar evening with relation to Obstetric Physiotherapy. We hope to engage the next generation of Men's and Women's Health Physiotherapists' in more of our future talks.

Within the London group we continue to provide our area with quarterly newsletters on up to date research, the evening events and the upcoming POGP events. We have, what we hope, will prove to be interesting talks in the pipeline and will pursue our mission to encourage and show the great speciality of the Men's and Women's Health to the next generation!

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