

Overseas Area Report - Autumn 2018

Following my attendance at the area representatives meeting in London last year, I attended the POGP Conference in Southampton. It was a wonderful opportunity to view the exhibitions and to hear the updates on new research and clinical practice, from the podium and informally with colleagues. Thank you to everyone involved and I am looking forward to the next POGP Conference in Cardiff this October.

POGP Southern Ireland members had the opportunity to meet at the ISCP (Irish Society of Chartered Physiotherapists) Annual Conference. I had the pleasure of being on the organising committee this year. Maeve Whelan spoke at the conference and, as always, was very well received. Thank you, Maeve. I had to leave the conference early myself as I had been invited to speak again this year at the Annual Medical Irish Osteoporosis Conference held at Trinity College Dublin. I discussed the link between incontinence and osteoporosis.



Next up in our calendar, POGP Southern Ireland members had the wonderful opportunity to meet at the Michelle Lyons course in Mullingar on the topic of Pudendal Neuralgia. We got lots of tips and advice from Michelle and I was able to share them with my Northern Ireland POGP colleagues in Belfast City Hospital soon afterwards. I am grateful to my Northern Ireland POGP area representative

colleague, Wendy Brown, for the invitation to give a course there. Soon afterwards, I was also invited to assist Mr. Gerard Greene on his Dubai Men's Health course and spent a wonderful few days there.

Recently, the POGP Southern Ireland meeting took place in Galway. Prof Doreen McClurg kindly made the trip again this year to speak at the meeting and share her expertise on adherence to pelvic floor muscle training. It was so well received a workshop is in the planning already for next year's meeting. Other workshops at this year's meeting included the topics of tissue viability, anal irrigation, percutaneous tibial nerve stimulation and penile rehabilitation using vacuum therapy. Doreen was joined on the podium for the meeting talks by other members of the multidisciplinary team. A podcast station was also set up especially for the event and there was great interest in it.



Next up for POGP Southern Ireland will be my own attendance at IUGA 2018 in Vienna in June. Following that I hope to meet up with colleagues at the European Fragility Network Conference in Royal College of Surgeons, Dublin. I have been given the honour myself of being invited to speak at the pre-conference talks for the general public. I will be highlighting women's health issues for patients with osteoporosis as part of my talk.

POGP Southern Ireland membership is growing. It is a pleasure to have this role as area representative and it is a wonderful opportunity. Thank you POGP!

Aoife Ni Eochaidh

Area Representative for Overseas

ippmphysio@gmail.com

Twitter: @ni_eochaidh