South midlands Area Report – Autumn 2018

I have been qualified for 16 years and a clinical specialist in Women's and Men's Health for 10 years. I have recently resigned from the position of principal lead physiotherapist at Oxford University Hospital and I now work independently as a locum and holding my own clinics. I am in the process of submitting by MSc on pelvic pain this year.

At present we have 24 regional members. I am currently looking for a deputy to support the large region of the South Midlands and to hopefully encourage other specialists to attend our CPD events.

Our Summer 2017 meeting was well attended by over 12 members. Unfortunately the planned speaker had to cancel and I lead a discussion from my MSc research on pelvic pain.

In April 2018 we met again to discuss men's health issues. This meeting was attended by 6 members and received positive feedback.

Email updates are sent out every 2 months highlighting interesting journal articles, upcoming courses and encouraging participation in research.

Smaller CPD groups of physiotherapists in private practise are being held when it is too far to join at the Oxford meetings. We may consider sending a survey to members regarding the meeting location in order to try and gather together for a bigger event.

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