

## **Trent Area Report – Autumn 2018**

There are 37 members in the Trent area.

Due to the large geographical area we have struggled to achieve good attendance at our annual meetings. The average attendance being 5 or 6 members.

We have contacted members to try and establish the most popular time and place to hold the meetings, to make it easier for them to attend, but unfortunately only received a couple of responses. The members who kindly offered to host meetings were at the peripheries of our region, so the last two meetings have been held at the Chesterfield Royal Hospital.

We are still trying to hold the meetings twice a year. The last meeting was held on the 23<sup>rd</sup> May. Sarah Wright gave a short presentation on Pilates in Women's Health although there were only 4 attendees we received really good feedback.

Chris Skilliter from iMedicare also attended and gave a presentation on some of the new products available (pessary for SUI and PFMT using biofeedback) that might be useful for our patients.

As attendance is difficult we have started to email copies of the presentations to all Trent members.

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