

Yorkshire Area Report - Autumn 2018

The Yorkshire group have 30 members... an increase in 10 new members!

The wide geographical area always poses a challenge, along with busy schedules and difficulty with release from work to attend study sessions.

Last year a lot of the members gathered at a multidisciplinary study day in Leeds called 'What's new in the Pelvic Floor'. The day was a great success!

The advanced pelvic floor course was hosted at Bradford Royal Infirmary and 10 of the local members attended on subsidised places from our local account. It was great to catch up with everyone and people are keen to do more together as a group. A curry evening was also a tasty, yet small, gathering.

I remain grateful for those members who endeavour to support the efforts made to bring Pelvic Health Physiotherapist's together to support one another in what can be quite an isolated speciality.

Due to my new role on the executive group I had asked for applications for a new area representative. The successful applicant was Emma Bakes who is based at the Nuffield in Leeds and is developing a service there. There were other people who were interested in the post but didn't apply due to circumstances at this time but hopefully they will be able to support Emma as she develops this group over the next few years.

Over the next month or so, I will hand over to Emma and then she will let you know of any upcoming plans as they arise. Members are, as always, encouraged to make suggestions and take an active part in the topics that are chosen for future meetings. Her initial ideas include:

- Offering out opportunities to other members to become a small committee for the area.
- Creating a regular 2-4 CPD sessions a year for those who may be interested in peer review/ problem patients/ IST- details to be confirmed.
- Adding in speakers/ topics of special interest.
- Promoting pelvic health locally within Yorkshire.

Recent adverts for vacant posts have highlighted the limited pool of physiotherapists in this specialist area, or those interested in specialising. I have been working with the universities locally to try and encourage some interest in the field and working with Managers to try to think outside the box in how to facilitate people to get into Pelvic Health Physiotherapy. As local members are experiencing similar problems we will be making it our priority to facilitate this further over the next 12 months. Hopefully the POGP Conference will reinforce this in October.

Emma will let members know of future meeting dates and would appreciate it if they would disseminate those dates to non-members, or even students who are also welcome. Non-members are permitted to attend two events and then we encourage them to join so they can appreciate all of the benefits of being a member!

Our account balance is currently: £1069.76.

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