

Northern Ireland area report – Autumn 2019

Within one year our membership has risen from 39 to 48 which represents the majority of Women's Health Physiotherapists practicing in the NHS and private sector in Northern Ireland.

Our Autumn 2018 evening meeting was held in Craigavon Hospital. Brenda Hardy, who had been funded to attend by POGP NI, shared her highlights from POGP Conference in Cardiff. Aquaflush demonstrated their irrigation devices and a useful question and answer session lead to discussion of differences and similarities between other manufacturers of irrigation systems.

Our Spring 2019 evening meeting was well attended and held in Craigavon Hospital. Consultant Geoff McCracken presented on prolapse and surgery, Consultant Lucia Dolan presented on the Mesh update specific to Northern Ireland and POGP member, Lisa McWilliams shared her new role in Cancer rehab for Gynae Oncology. Imedicare sponsored the event and provided insight into their range of products.

In April 2019 the Ulster Gynae Urology Society (UGUS) Scientific Meeting was held in Craigavon. Last year POGP members across the 5 Health Trusts presented on local service developments and the committee of UGUS offered the same opportunity this time also including the Physiotherapy team from our local Private Hospital. Topics included perception of GPs and general physiotherapists on the role of specialist pelvic health physiotherapists, perineal clinic audit, review of antenatal education, acupuncture clinic for OAB, stim for OAB and OASIS outcomes. A lot of work was undertaken by members to showcase the work happening across the province. Once again well done NI members !

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