

Wales area report – Autumn 2019

The recent change in format of our meetings has been well received by members and we have had 2 well attended meetings in the last year. They have included both an element of teaching and service development discussion.

In November we met in Wrexham, organised by member's Angharad Roberts and Lizzie Evans, to discuss all things bowel related with Kate Walsh and the dietitian perspective from Jeanette Starkey, Gastroenterology Dietitian BCUHB.

In June we met in Newport, organised by Rhiannon Griffiths for a very well received informative day on exercise postnatally with FitPro Samala Bygraves and Physiotherapist Gillian McCabe. Discussions were also had around PROM's, as Wales is moving to an integrated online notes planner with an integrated PROM's database that will allow for national data collection.

We also had an informative discussion with Jodie Phillips-Stojanovic who is the Project Manager for Women's Health for the All Wales Implementation Group. This follows on from the implementation of task and finish groups that produced guidelines for the management of Faecal Incontinence, Endometriosis, and Pelvic Pain and the support from Welsh Government to implement an All Wales Pathway for the management of patients presenting with these conditions.

The documents resulted in over 150 recommendations for provision, with Pelvic Health Physiotherapy services being recommended in all 3 documents

Congratulations to both Angharad Roberts and Rhiannon Griffiths who have both completed the Bradford PGcert in Continence for Physiotherapists at Bradford University and are now full members of the POGP.

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