

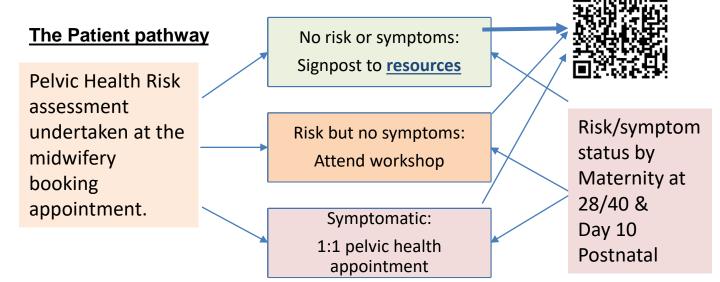
Identifying risk through collaboration

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The Physiotherapy and Maternity teams work together to identify patients at risk of developing pelvic floor dysfunction and ensure they have access to timely advice.

Aim: During the creation of the Perinatal Pelvic Health Service by NHSE a perinatal risk assessment tool was developed to;

- stratify the use of finite resources
- encourage a preventative approach amongst the MDT
- act as guidance about what to ask
- prompt midwives to initiate pelvic health conversations



Conclusion:

Counselling obstetric women of their risk factors is in its early stages, but an innovation that has been long awaited & led to a significant increase in pelvic health referrals for symptomatic women & those with risk factors. Midwives are perfectly placed to assist with this proactive approach supported by their pelvic health physiotherapy colleagues.

This risk assessment demonstrates the ability to make every contact count by working together across professional boundaries.