

**PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY  
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## LEGAL AND ADMINISTRATIVE INFORMATION

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### Trustees

Ms L Berry  
Dr G Campbell  
Ms D Plowman  
Ms S Bustard  
Dr K Lough  
Ms M Rach  
Ms H Shepherd (Appointed 7 December 2021)  
Ms E Rai (Appointed 13 October 2021)  
Ms J Harvey Dixon (Appointed 1 October 2021)

### Charity number

1181424

### Registered office

Chartered Society of Physiotherapy  
3rd Floor South, Chancery Exchange  
10 Furnival St  
London  
EC4A 1AB

### Independent examiner

Shaw Gibbs Limited  
264 Banbury Road  
Oxford  
Oxfordshire  
OX2 7DY

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# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

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# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT

### *FOR THE YEAR ENDED 31 MARCH 2022*

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The trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in notes 1.1 to 1.10, and comply with the charity's deed of transfer, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

The charity's principle objective continues to be to define and promote excellence in physiotherapy practice within areas of obstetrics, gynaecology, urology, bladder, bowel and sexual health for men and women.

The policies adopted to meet this objective are:

- The maintenance and expansion of the educational framework that delivers training
- Building relationships with organisations compatible with our objectives
- Promotion of POGP roles and member involvement in health research and strategy, guideline and policy development

There has been no change in these during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

The charity's main achievements in the year have been:

- Adaptation and growth of the educational programme throughout the covid pandemic
- Implementation of an endorsement and engagement standard operating procedure to ensure transparency and equity of POGP support to requests for involvement in external projects
- Further development of resources for professionals and patients through the website improvements and published content and the Journal of POGP. This has included adding ReciteMe to the website which offers an inclusive experience online by providing accessibility and language options
- Expanded routes to full membership through completion of endorsed courses and qualifications, and through the mentored portfolio programme of the education subcommittee (ESC)
- Making affiliate membership available to non CSP members (subject to ratification at the AGM)
- Outsourcing of organisation and course administration to support and facilitate Trustee and Subcommittee work
- Initial development of the Area Representative library of resources for teaching and engagement
- Working with the CSP as a professional network to raise the profile of the speciality within physiotherapy

#### **Financial review**

POGP remain in a strong financial position to deliver the agreed programme of reinvestment for 2022/2023.

The charity performed well in the year to 31 March 2022, resulting in a net asset position of £224,995 at the year end.

It is the policy of the charity that unrestricted funds are maintained at a level that ensures POGP will remain a going concern and will seek to support expansion of member services maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

# **PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY**

## **TRUSTEES' REPORT (CONTINUED)**

***FOR THE YEAR ENDED 31 MARCH 2022***

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The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2022**

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### Structure, governance and management

The charity is a charitable incorporated organisation, registered under charity number is 1181424. The charity's governing documents is a deed of transfer.

The trustees who served during the year and up to the date of signature of the financial statements were:

Ms A Frankham	(Resigned 1 October 2021)
Ms K Mann	(Resigned 1 October 2021)
Ms R Hawkes	(Resigned 1 October 2021)
Ms L Berry	
Dr G Campbell	
Ms D Plowman	
Ms S Bustard	
Ms R Burnett	(Resigned 1 October 2021)
Dr K Lough	
Ms M Rach	
Ms H Shepherd	(Appointed 7 December 2021)
Ms E Rai	(Appointed 13 October 2021)
Ms J Harvey Dixon	(Appointed 1 October 2021)

These 10 form the charity's board of trustees, on which a maximum of 12 members of POGP who hold full membership and perform their work in a volunteer capacity may sit. Trustees are voted into post by the charity's membership at the AGM.

The trustees' report was approved by the Board of Trustees.

.....  
**Dr K Lough**

Trustee

Dated: .....

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

*FOR THE YEAR ENDED 31 MARCH 2022*

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The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

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I report to the trustees on my examination of the financial statements of Pelvic Obstetric & Gynaecological Physiotherapy (the charity) for the year ended 31 March 2022.

#### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Samantha Daniels FCA  
For and on behalf of  
Shaw Gibbs Limited

Chartered Certified Accountants  
264 Banbury Road  
Oxford  
Oxfordshire  
OX2 7DY

Dated: .....



# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

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		Unrestricted funds 2022 £	Unrestricted funds 2021 £
	Notes		
<b><u>Income and endowments from:</u></b>			
Donations and legacies	3	5,533	416
Charitable activities	4	212,532	120,527
Other income	5	-	2,841
		<hr/>	<hr/>
<b>Total income</b>		218,065	123,784
		<hr/>	<hr/>
<b><u>Expenditure on:</u></b>			
Charitable activities	6	193,627	114,076
		<hr/>	<hr/>
<b>Net income for the year/ Net movement in funds</b>		24,438	9,708
Fund balances at 1 April 2021		195,945	186,237
		<hr/>	<hr/>
<b>Fund balances at 31 March 2022</b>		220,383	195,945
		<hr/>	<hr/>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## BALANCE SHEET

AS AT 31 MARCH 2022

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	Notes	2022 £	£	2021 £	£
<b>Fixed assets</b>					
Intangible assets	10		36,061		40,031
Tangible assets	11		391		460
Investments	12		1,100		1,100
			<u>37,552</u>		<u>41,591</u>
<b>Current assets</b>					
Debtors	13	16,300		21,112	
Cash at bank and in hand		217,032		188,401	
		<u>233,332</u>		<u>209,513</u>	
<b>Creditors: amounts falling due within one year</b>	14	(50,501)		(55,159)	
Net current assets			<u>182,831</u>		<u>154,354</u>
<b>Total assets less current liabilities</b>			<u>220,383</u>		<u>195,945</u>
<b>Income funds</b>					
Unrestricted funds			<u>220,383</u>		<u>195,945</u>
			<u>220,383</u>		<u>195,945</u>

The financial statements were approved by the Trustees on .....

.....  
Dr K Lough  
Trustee

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS

*FOR THE YEAR ENDED 31 MARCH 2022*

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### 1 Accounting policies

#### Charity information

Pelvic, Obstetric & Gynaecological Physiotherapy (POGP) is a registered charity and a membership organisation and professional network of the Chartered Society of Physiotherapy. Physiotherapy is a science-based healthcare profession that promotes recovery in illness, injury, or disability. It aims to restore movement and functional ability to the person's full potential.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Upon registration of the charity, the assets and liabilities of the Pelvic Obstetric & Gynaecological Physiotherapy society were transferred to the charity. This has been treated as donation income.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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### 1 Accounting policies

(Continued)

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.5 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Intangible assets acquired on business combinations are recognised separately from goodwill at the acquisition date where it is probable that the expected future economic benefits that are attributable to the asset will flow to the entity and the fair value of the asset can be measured reliably; the intangible asset arises from contractual or other legal rights; and the intangible asset is separable from the entity.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Website	10% Straight line
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#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	15% Reducing balance
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Fixed asset investments

Fixed asset investments are initially measured at cost and subsequently measured at cost less any accumulated impairment losses. The investments are assessed for impairment at each reporting date and any impairment losses or reversals of impairment losses are recognised immediately in net income/ (expenditure) for the year.

#### 1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

#### 3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Donations and gifts	5,533	416
	<u>5,533</u>	<u>416</u>

#### 4 Charitable activities

	Subscriptions	Books, tapes and leaflets	Study weekends, courses and conferences	Advertising and sponsorship	Total 2022	Total 2021
	2022	2022	2022	2022	£	£
	£	£	£	£	£	£
Sales within charitable activities	91,262	326	104,242	16,702	212,532	120,527
	<u>91,262</u>	<u>326</u>	<u>104,242</u>	<u>16,702</u>	<u>212,532</u>	<u>120,527</u>

#### For the year ended 31 March 2021

	Subscriptions	Books, tapes and leaflets	Study weekends, courses and conferences	Advertising and sponsorship	Total 2021
	£	£	£	£	£
Sales within charitable activities	62,322	120	52,462	5,623	120,527
	<u>62,322</u>	<u>120</u>	<u>52,462</u>	<u>5,623</u>	<u>120,527</u>
Analysis by fund					
Unrestricted funds	62,322	120	52,462	5,623	120,527
	<u>62,322</u>	<u>120</u>	<u>52,462</u>	<u>5,623</u>	<u>120,527</u>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 5 Other income

	Total	Unrestricted funds
	2022	2021
	£	£
Grants receivable and released	-	2,841
	<u>          </u>	<u>          </u>

### 6 Charitable activities

	Study weekends	Advertising	Books, tapes & leaflets	Subscriptions	Total 2022	Total 2021
	2022	2022	2022	2022	£	£
	£	£	£	£	£	£
Books, tapes and leaflets	-	-	163	-	163	5,527
Workshop expenses	62,495	-	-	-	62,495	29,838
Memberships direct costs	295	147	-	147	589	2,703
AMC costs (fitwise)	-	-	-	-	-	7,773
Journal editing and dispatch	589	24,419	-	298	25,306	28,350
Other charitable expenditure	16,501	2,048	-	2,048	20,597	7,083
	<u>79,880</u>	<u>26,614</u>	<u>163</u>	<u>2,493</u>	<u>109,150</u>	<u>81,274</u>
Share of support costs (see note 7)	30,982	15,492	-	15,492	61,966	20,616
Share of governance costs (see note 7)	11,255	5,628	-	5,628	22,511	12,186
	<u>122,117</u>	<u>47,734</u>	<u>163</u>	<u>23,613</u>	<u>193,627</u>	<u>114,076</u>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 6 Charitable activities

(Continued)

For the year ended 31 March 2021

	Study weekends £	Advertising £	Books, tapes & £	Subscriptio ns £	Total 2021 £
Books, tapes and leaflets	-	-	5,527	-	5,527
Workshop expenses	29,838	-	-	-	29,838
Memberships direct costs	718	359	1,200	426	2,703
AMC costs (fitwise)	3,346	1,673	-	2,754	7,773
Journal editing and dispatch	-	28,350	-	-	28,350
Other charitable expenditure	5,869	607	-	607	7,083
	<u>39,771</u>	<u>30,989</u>	<u>6,727</u>	<u>3,787</u>	<u>81,274</u>
Share of support costs (see note 7)	10,308	5,154	-	5,154	20,616
Share of governance costs (see note 7)	6,093	3,047	-	3,046	12,186
	<u>56,172</u>	<u>39,190</u>	<u>6,727</u>	<u>11,987</u>	<u>114,076</u>
<b>Analysis by fund</b>					
Unrestricted funds	<u>56,172</u>	<u>39,190</u>	<u>6,727</u>	<u>11,987</u>	<u>114,076</u>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 7 Support costs

	Support costs	Governance costs	2022 Support costs	Governance costs	2021
	£	£	£	£	£
Insurances	1,477	-	1,477	1,003	1,003
Depreciation	4,501	-	4,501	3,106	3,106
Subscriptions	4,057	-	4,057	951	951
Website costs	7,716	-	7,716	3,489	3,489
Bank charges	3,042	-	3,042	1,632	1,632
Postage, stationery and telephone	4,788	-	4,788	54	54
Conferences	21,442	-	21,442	2,497	2,497
Bank interest on loans and overdraft	-	-	-	17	17
Study weekends, courses and conferences	14,943	-	14,943	-	-
Legal and professional	-	5,159	5,159	-	1,170
Accountancy fees	-	13,308	13,308	-	10,227
Exec Committee - Gifts/ Awards	-	210	210	-	90
Consultancy Fees	-	-	-	-	160
Exec Committee - Travel & Subsistence	-	3,834	3,834	-	539
	<u>61,966</u>	<u>22,511</u>	<u>84,477</u>	<u>20,616</u>	<u>32,802</u>
Analysed between Charitable activities	<u>61,966</u>	<u>22,511</u>	<u>84,477</u>	<u>20,616</u>	<u>32,802</u>

### 8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 9 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.



# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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### 10 Intangible fixed assets

	Website £
<b>Cost</b>	
At 1 April 2021	43,920
Additions - internally developed	462
	<hr/>
At 31 March 2022	44,382
	<hr/>
<b>Amortisation and impairment</b>	
At 1 April 2021	3,889
Amortisation charged for the year	4,432
	<hr/>
At 31 March 2022	8,321
	<hr/>
<b>Carrying amount</b>	
At 31 March 2022	36,061
	<hr/> <hr/>
At 31 March 2021	40,031
	<hr/> <hr/>

### 11 Tangible fixed assets

	Fixtures and fittings £
<b>Cost</b>	
At 1 April 2021	637
	<hr/>
At 31 March 2022	637
	<hr/>
<b>Depreciation and impairment</b>	
At 1 April 2021	177
Depreciation charged in the year	69
	<hr/>
At 31 March 2022	246
	<hr/>
<b>Carrying amount</b>	
At 31 March 2022	391
	<hr/> <hr/>
At 31 March 2021	460
	<hr/> <hr/>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 12 Fixed asset investments

	Unlisted investments £
<b>Cost or valuation</b>	
At 1 April 2021 & 31 March 2022	1,100
<b>Carrying amount</b>	
At 31 March 2022	1,100
At 31 March 2021	1,100

### 13 Debtors

	2022 £	2021 £
<b>Amounts falling due within one year:</b>		
Trade debtors	15,908	13,346
Prepayments and accrued income	392	7,766
	<u>16,300</u>	<u>21,112</u>

### 14 Creditors: amounts falling due within one year

	Notes	2022 £	2021 £
Deferred income	15	32,167	38,034
Other creditors		15,934	13,975
Accruals and deferred income		2,400	3,150
		<u>50,501</u>	<u>55,159</u>

### 15 Deferred income

	2022 £	2021 £
Other deferred income	32,167	38,034