

Title of poster

Abstracts should be a maximum of 300 words, and be structured as follows. Aim: What was the major reason for developing the new or adapted programme, method, theory or resource, and were there any secondary objectives? Relevance: How does this research relate to physiotherapy practice, management, education, policy and/or the evidence base? Study design, materials and methods: What methodological approach was used, how was it developed and how were the data collected? Results: How has the programme been evaluated? What were the responses to the programme's methodology and theory when it was put to use? Conclusion: What can be determined from the development and evaluation, and what are the recommendations for future research? Implications: What are the implications for physiotherapy practice, management, education and/or policy? All abstracts should be presented in this format. There should be no deviation from the fonts used. The references below exemplify our house style.

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References

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Theodorsen N.-M., Strand L. I. & Bø K. (2019) Effect of pelvic floor and transversus abdominis muscle contraction on inter-rectus distance in postpartum women: a cross-sectional experimental study. *Physiotherapy* **105** (3), 315–320.

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