



### **Portfolio to full membership**

#### **What do we want the portfolio to reflect/ represent?**

- The candidate's commitment and enthusiasm for being a pelvic health physiotherapist/ providing pelvic health physiotherapy.
- Showcase that the candidate is building strong clinical skills and knowledge in pelvic health physiotherapy.

#### **What benefits does the portfolio route to full POGP membership offer applicants?**

- The flexibility to build a portfolio around work/ family life. (NB- preparing the content for the portfolio in the few months prior to application, will make meeting the submission deadline much easier).
- Showcase that the applicant is working to a very high standard of patient treatment and care.
- A good way of organising CPD material for professional development and possible HCPC audit.

#### **Portfolio content to consist of:**

- An extensive CV detailing: a minimum of 2 years of clinical experience working at least 2 days in pelvic health, the route into this speciality, the candidate's current work role, relevant training course/ inhouse training, attendance at conferences, work based projects/ audits/ service developments/ research
- Completion of a clinical log book containing: three different patient assessments relevant to the candidate's area of expertise and detailing the main assessment findings/ analysis and plan of management. And three treatment sessions for one of these patients, showing clinical reasoning of the treatments selected, the research evidence to support it and also how treatment was progressed. The log book should be completed over a 6 month period (enough time to see one patient a few times). OR Submission of 2-3 peer reviews, which may better suit applicants in research or management roles.
- Completion of three reflective accounts of any clinical/ professional issues encountered and how the candidate managed/ learnt from these. (It would be beneficial for applicants to consider EDI and how this affects patient access to Pelvic Health Physiotherapy as one account).

- Evidence of attendance and reflection of two regional meetings or POGP related activities in the last year.
- Submission of a position statement detailing the reasons for applying for full POGP membership via the portfolio route, why the candidate has chosen pelvic health as a physiotherapy speciality, aspirations for career development/ achievements.

NB- it is strongly recommended that the candidate works through the development/ finalisation of the portfolio with a mentor from POGP, for six months prior to submission, to ensure that they understand what is required of the portfolio and the assessment process.

The portfolio document can be submitted as five individual components over a six month period. Once the full portfolio is submitted and assessed the applicant will be invited to a 20 minute viva that is conducted by two members of one of the POGP subcommittees (see separate viva documentation for the proposed purpose and structure of the viva).

Should an applicant's portfolio pass for full membership but they fail the viva, the applicant will be invited to retake the viva without having to resubmit their portfolio.

There will be an option to defer portfolio submission for applicants with extenuating circumstances (a list to be provided).

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POGP Portfolio Co-ordinator