PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023



LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Dr G Campbell Ms D Plowman Ms S Bustard	
	Dr K Lough Ms M Rach	
	Ms H Shepherd	
	Ms J Harvey Dixon Ms D Alebon Ms D Dillon	(Appointed 27 January 2023) (Appointed 27 January 2023)
	Ms G Donnelly Ms A Stephenson	(Appointed 4 November 2022) (Appointed 22 April 2023)
Charity number	1181424	
Registered office	POGP c/o Executive Bu City Wharf Davidson Road Lichfield WS14 9DZ	isiness Support Ltd
Independent examiner	Shaw Gibbs Limited 264 Banbury Road Oxford Oxfordshire OX2 7DY	

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TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in notes 1.1 to 1.10, and comply with the charity's deed of transfer, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's principle objective continues to be to define and promote excellence in physiotherapy practice within areas of obstetrics, gynaecology, urology, bladder, bowel and sexual health for men and women.

The policies adopted to meet this objective are:

- · The maintenance and expansion of the educational framework that delivers training
- Building relationships with organisations compatible with our objectives
- Promotion of POGP roles and member involvement in health research and strategy, guideline and policy development

There has been no change in these during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

The charity's main achievements in the year have been:

- Board approval to maintain member subscriptions at their current level. This will be reviewed annually.
- The launch of new grants and bursaries to a value of up to £16,000 comprising of three £5,000 research grants and one Early Pelvic Health career award providing access to up to three introductory courses over 2 years to a value of approximately £1,500.
- Expansion of the Board to include affiliate member representatives to better reflect the mix of full to affiliate members.
- Introduction of the use of member interest groups who report to the Board to manage physiotherapy and member interest in pessary use for prolapse, complex mesh removal centres, POGP awards and bursaries.
- The launch of a new course: Pregnancy related physiotherapy assessment and management of musculoskeletal conditions during and after pregnancy.
- Increased communications with members with the publishing of at least three newsletters/year.
- Further development of resources for professionals and patients through the website improvements and published content and the Journal of POGP. This has included developing resources such as webinars and podcasts and new booklets to support physiotherapy in transgender healthcare.
- Confirmation that CSP membership is not required for POGP membership and website adjustments to reflect that across all areas.
- Expansion of the outsourcing of POGP administration services to support and facilitate Trustee and delegated member activity.
- Completion of a facilitated strategy review to define our vision, clarify our objectives and define our priorities for the next four years. This will be shared with the membership in the Chair report and at Conference 2023 in York.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Financial review

POGP remain in a strong financial position to deliver the agreed programme of reinvestment for 2023/2024.

The charity performed well in the year to 31 March 2023, resulting in a net asset position of £162,595 at the year end.

It is the policy of the charity that unrestricted funds are maintained at a level that ensures POGP will remain a going concern and will seek to support expansion of member services maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Structure, governance and management

The charity is a charitable incorporated organisation, registered under charity number is 1181424. The charity's governing documents is a deed of transfer.

The trustees who served during the year and up to the date of signature of the financial statements were:

Ms L Berry	(Resigned 4 November 2022)
Dr G Campbell	
Ms D Plowman	
Ms S Bustard	
Dr K Lough	
Ms M Rach	
Ms H Shepherd	
Ms E Rai	(Resigned 4 November 2022)
Ms J Harvey Dixon	
Ms D Alebon	(Appointed 27 January 2023)
Ms D Dillon	(Appointed 27 January 2023)
Ms G Donnelly	(Appointed 4 November 2022)
Ms A Stephenson	(Appointed 22 April 2023)

These 11 form the charity's board of trustees, on which a maximum of 12 members of POGP who hold full membership and perform their work in a volunteer capacity may sit. Trustees are voted into post by the charity's membership at the AGM.

The trustees' report was approved by the Board of Trustees.

Dr K Lough Trustee

Dated:

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STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2023

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

I report to the trustees on my examination of the financial statements of Pelvic Obstetric & Gynaecological Physiotherapy (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Samantha Daniels FCA

For and on behalf of Shaw Gibbs Limited 264 Banbury Road Oxford Oxfordshire OX2 7DY

Dated:

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Income from: Donations and legacies Charitable activities	3 4	825 229,525	5,533 212,532
Total income		230,350	218,065
Charitable activities	5	288,138	193,627
Net income/(expenditure) and movement in funds		(57,788)	24,438
Reconciliation of funds: Fund balances at 1 April 2022		220,383	195,945
Fund balances at 31 March 2023		162,595	220,383

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

BALANCE SHEET

AS AT 31 MARCH 2023

		202	3	202	2
	Notes	£	£	£	£
Fixed assets					
Intangible assets	10		31,622		36,061
Tangible assets	11		332		391
Investments	12		1,100		1,100
			33,054		37,552
Current assets					
Debtors	13	27,351		16,300	
Cash at bank and in hand		168,273		217,032	
		195,624		233,332	
Creditors: amounts falling due within	14				
one year		66,083		50,501	
Net current assets			129,541		182,831
Total assets less current liabilities			162,595		220,383
The funds of the charity					
Unrestricted funds			162,595		220,383
			162,595		220,383

The financial statements were approved by the trustees on

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Dr K Lough Trustee

1 Accounting policies

Charity information

Pelvic, Obstetric & Gynaecological Physiotherapy (POGP) is a registered charity and a membership organisation and professional network of the Chartered Society of Physiotherapy. Physiotherapy is a science-based healthcare profession that promotes recovery in illness, injury, or disability. It aims to restore movement and functional ability to the person's full potential.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest \pounds .

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Upon registration of the charity, the assets and liabilities of the Pelvic Obstetric & Gynaecological Physiotherapy society were transferred to the charity. This has been treated as donation income.

1 Accounting policies

(Continued)

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.5 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Intangible assets acquired on business combinations are recognised separately from goodwill at the acquisition date where it is probable that the expected future economic benefits that are attributable to the asset will flow to the entity and the fair value of the asset can be measured reliably; the intangible asset arises from contractual or other legal rights; and the intangible asset is separable from the entity.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Website

10% Straight line

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings

15% Reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at cost and subsequently measured at cost less any accumulated impairment losses. The investments are assessed for impairment at each reporting date and any impairment losses or reversals of impairment losses are recognised immediately in net income/ (expenditure) for the year.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

Unrestricted	Unrestricted
funds	funds
2023	2022
£	£
Donations and gifts 825	5,533

4 Charitable activities

Subscriptions	Books, tapes and leaflets	Study weekends, courses and conferences	Advertising and sponsorship	Total 2023	Total 2022
2023	2023	2023	2023		
£	£	£	£	£	£
99,824	453	126,558	2,690	229,525	212,532
	2023 £	and leaflets 2023 2023 £ £	and leaflets weekends, courses and conferences 2023 2023 2023 £ £ £	and leaflets weekends, and courses and sponsorship conferences 2023 2023 2023 2023 £ £ £ £ £	and leaflets weekends, and 2023 courses and sponsorship conferences 2023 2023 2023 2023 £ £ £ £ £ £

For the year ended 31 March 2022

	Subscriptions	Books, tapes Study weekends, and leaflets courses and conferences		Advertising and sponsorship	Total 2022
	£	£	£	£	£
Sale of goods	91,262	326	104,242	16,702	212,532
Analysis by fund Unrestricted funds	91,262	326	104,242	16,702	212,532

5 Charitable activities

	Study weekends	Advertising	Books, tapes & leaflets	Subscriptions	Total 2023	Total 2022
	2023	2023	2023	2023	c	c
	£	£	£	£	£	£
Books, tapes and leaflets	-	_	4,055	_	4,055	163
Workshop expenses Memberships direct	107,114	-	-	-	107,114	62,495
costs	450	200	-	350	1,000	589
Journal editing and dispatch	1,204	27,611	-	1,214	30,029	25,306
Other charitable expenditure	1,218	541	-	948	2,707	20,597
	109,986	28,352	4,055	2,512	144,905	109,150
Share of support costs						
(see note 6) Share of governance	30,932	13,748	-	24,058	68,738	61,966
costs (see note 6)	33,523	14,899	-	26,073	74,495	22,511
	174,441	56,999	4,055	52,643	288,138	193,627

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

5 Charitable activities

(Continued)

For the year ended 31 March 2022

	Study weekends	Advertising	Books, tapes S & leaflets	ubscriptions	Total 2022
	£	£	£	£	£
Books, tapes and leaflets	-	-	163	-	163
Workshop expenses	62,495	-	-	-	62,495
Memberships direct costs	295	147	-	147	589
Journal editing and dispatch	589	24,419	-	298	25,306
Other charitable expenditure	16,501	2,048	-	2,048	20,597
	79,880	26,614	163	2,493	109,150
Share of support costs (see note 6)	30,982	15,492	-	15,492	61,966
Share of governance costs (see note 6)	11,255	5,628	-	5,628	22,511
	122,117	47,734	163	23,613	193,627
Analysis by fund					
Unrestricted funds	122,117	47,734	163	23,613	193,627

6	Support costs						
		Support Go		2023 Su	pport costs	Governance	2022
		costs	costs			costs	
		£	£	£	£	£	£
	Insurances	1,340	-	1,340	1,477	-	1,477
	Depreciation	4,497	-	4,497	4,501	-	4,501
	Subscriptions	984	-	984	4,057	-	4,057
	Website costs	8,542	-	8,542	7,716	-	7,716
	Bank charges	3,371	-	3,371	3,042	-	3,042
	Postage, stationery and						
	telephone	585	-	585	4,788	-	4,788
	Conferences	14,576	-	14,576	21,442	-	21,442
	Study weekends,						
	courses and conferences	34,843	-	34,843	14,943	-	14,943
	Legal and professional	-	800	800	-	5,159	5,159
	Bookkeeping and						
	administration	-	50,247	50,247	-	-	-
	Accountancy fees	-	13,514	13,514	-	13,308	13,308
	Exec Committee - Gifts/						
	Awards	-	74	74	-	210	210
	Consultancy Fees	-	2,475	2,475	-	-	-
	Exec Committee - Travel						
	& Subsistence	-	7,385	7,385	-	3,834	3,834
		68,738	74,495	143,233	61,966	22,511	84,477
	Analysed between	00 700	74 405	4.40,000	04.000	00 544	04 477
	Charitable activities	68,738	74,495	143,233	61,966	22,511	84,477

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2023	2022
	Number	Number
Tatal		
Total	- 	

There were no employees whose annual remuneration was more than £60,000.

9 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

10 Intangible fixed assets

	Website £
Cost	~
At 1 April 2022 and 31 March 2023	44,382
Amortisation and impairment	
At 1 April 2022	8,322
Amortisation charged for the year	4,438
At 31 March 2023	12,760
Carrying amount	
At 31 March 2023	31,622
At 31 March 2022	36,061

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

11 Tangible fixed assets

	Fixtures and fittings
	£
Cost	
At 1 April 2022	637
At 31 March 2023	637
Depreciation and impairment	
At 1 April 2022	246
Depreciation charged in the year	59
At 31 March 2023	305
Carrying amount	
At 31 March 2023	332
At 31 March 2022	391

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

12 Fixed asset investments

	Unlisted investments £
Cost or valuation	
At 1 April 2022 & 31 March 2023	1,100
Carrying amount	
At 31 March 2023	1,100

13	Debtors		
		2023	2022
	Amounts falling due within one year:	£	£
	Trade debtors	26,500	15,908
	Prepayments and accrued income	851	392
		27,351	16,300

14 Creditors: amounts falling due within one year

		2023	2022
	Notes	£	£
Deferred income	15	36,155	32,167
Other creditors		27,828	15,934
Accruals and deferred income		2,100	2,400
		66,083	50,501

15 Deferred income

£	£
36,155	32,167
	£ 36,155

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2022 £	Incoming resources £	Resources expended £	At 31 March 2023 £
General funds	220,383	230,350	(288,138)	162,595
Previous year:	At 1 April 2021	Incoming resources	Resources expended	At 31 March 2022
	£	£	£	£
General funds	195,945	218,065	(193,627)	220,383